Yuba City Parks & Recreation

KUK SOOL WON



Kuk Sool Won offers monthly Youth Martial Arts/Self Defense classes designed to introduce young children to martial arts in a fun, positive, and high energy way! These classes focus on improving a child's balance, flexibility, coordination, self-confidence, respect and self-discipline!

MONTHLY CLASSES:

→ TURTLE TOTS - AGES 3-4

Develop coordination & listening skills

Wednesdays | 5-5:30pm

\$50/\$60NR Monthly

DRAGONS - AGES 5-6

Develop focus, discipline, control & balance

Wednesdays | 4-4:45pm

\$50/\$60NR Monthly

CHILDREN FORMS - AGES 7-10

Develop focus, discipline & respect

Tuesdays & Thursdays | 4-4:45pm

\$75/\$85NR Monthly

REGISTRATION INFO:

Register online at
Yubacity.net/registration or
at City Hall

Monday-Friday from 8am-5pm